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Fairhaven Health Pregnancy & Nursing Review & Giveaway

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February 11, 2015 | Camille

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A few months ago, I was able to test out a few maternity and pregnancy products from Fairhaven Health, all of which I thought were useful and have been well used over the last few months! Since my little one arrived last week, I've been excited to try a handful of the best selling breastfeeding products (at no cost to facilitate this review), especially since that seems to be the only thing I do lately: feed the baby! Fairhaven Health is a leading provider for fertility, pregnancy, and nursing products are that doctor-designed and natural, and I have quite a few favorites already.

Another thing I threw into my hospital bag was the Nipple Nature Balm. The painful part of breastfeeding throws me off every time, but I was determined to tackle any issues from the start this time so as to make it as successful as possible. Sometimes sore nipples are inevitable, but this balm can soothe, protect, and heal sore or cracked nipples. It is recommended to use after each feeding, and because it contains only organic herbal ingredients, it is safe for both mother and baby. I mostly appreciate the natural moisturizers. The soothing qualities are remarkable! The way this balm looks, feels, and smells reminds me a lot of Bag Balm, which we bought for my son's chapped lips and have found it extremely effective. I'm glad to have this balm in this small portable container, which holds 1.5 oz. It seems like a huge supply that will last quite a while! I've been using it after feedings and while it doesn't really offer a tingle or warming sensation, I feel it is doing some good and effectively protecting and healing.



Disclosure: I (Camille) received eight items from Fairhaven Health at no cost to facilitate this review. All opinions are my own.



About Camille

Camille has written 200 post in this blog.

I'm an old-fashioned Boston seamstress with two busy boys and a little darling. I hate the rain, love getting emails, and could live on ice cream. I am a former Home Ec teacher, a casual marathoner, and a thrift-store shopaholic!

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Hi! I'm Ruth, a 30-something year old wife and mother to 2 adorable kiddos. I like to write about my family, amazing products that I love, and a little bit of everything else. I also love to offer giveaways to my awesome readers. [\[Read more\]](#)

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