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Fairhaven Health Pregnancy & Nursing Review & Giveaway

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February 11, 2015 | Camille

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A few months ago, I was able to test out a few maternity and pregnancy products from Fairhaven Health, all of which I thought were useful and have been well used over the last few months! Since my little one arrived last week, I've been excited to try a handful of the best selling breastfeeding products (at no cost to facilitate this review), especially since that seems to be the only thing I do lately: feed the baby! Fairhaven Health is a leading provider for fertility, pregnancy, and nursing products are that doctor-designed and natural, and I have quite a few favorites already.

Last up is the Milkies Freeze, which is essentially a storage system for organizing breastmilk in the freezer. I was slightly underwhelmed because it is basically a plastic box, where maybe I was expecting inner slots or markers, but it is a good organizational system. The metal tray on the top allows the milk to freeze faster and probably more even. I think \$29.95 is a little steep for something you could make yourself, but I do recognize the value of it, especially if pumping, freezing, and storing breastmilk is part of your every day routine. In that regard, yes, this is very helpful in keeping you organized and rotating the frozen milk. It also keeps the freezer from becoming a booby trap of falling containers every time you open the door. I do wish that this container came with a few milk bags in the dimensions of the box. I froze a Medela brand bag, and surely most other breastmilk storage bags will fit comfortably inside as well.



Disclosure: I (Camille) received eight items from Fairhaven Health at no cost to facilitate this review. All opinions are my own.



About Camille

Camille has written 200 post in this blog.

I'm an old-fashioned Boston seamstress with two busy boys and a little darling. I hate the rain, love getting emails, and could live on ice cream. I am a former Home Ec teacher, a casual marathoner, and a thrift-store shopaholic!

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Hil I'm Ruth, a 30-something year old wife and mother to 2 adorable kiddos. I like to write about my family, amazing products that I love, and a little bit of everything else. I also love to offer giveaways to my awesome readers. [\[Read more\]](#)

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