

Fairhaven Health Releases OvaGraph Fertility Charting App for iPhone and iPad

Fairhaven Health recently introduced an app version of its popular OvaGraph fertility charting website for iPhone and iPad. This free comprehensive ovulation charting app provides users with an easy-to-use interface to store and graph all of their menstrual cycle data, helping them to time intercourse appropriately to increase their odds of conceiving.

Bellingham, Washington ([PRWEB](#)) March 26, 2013 -- With nearly 50,000 registered users, Fairhaven Health's OvaGraph.com website is among the most popular [fertility charting sites](#) on the Internet – and now, OvaGraph users have access to a convenient mobile app for quick data entry and ovulation calendar/graph viewing.

Charting key fertility indicators allows trying-to-conceive couples to pinpoint ovulation and improve their chances of conceiving naturally. During each menstrual cycle, conception is only possible the few days before and on a woman's ovulation date when the egg is released from her ovary into the fallopian tube, so it's imperative that couples determine their most fertile days.

Using the [OvaGraph Mobile App](#), women can record all of their menstrual cycle data - including cervical mucus consistency, basal body temperature (BBT), ovulation test results, and [OvaCue fertility monitor](#) readings - in one convenient place. Women can customize which charts are displayed, record cycle data for an unlimited number of cycles, and compare multiple cycles at once. Registered users can also print charts for any given cycle to bring in with them to their next doctor visit.

At first, fertility charting may seem daunting and time consuming. Fortunately, OvaGraph hosts a community of women who are trying-to-conceive and charting their fertility. The forums – accessible directly through the app - serve as a safe haven where women can chat and ask questions about infertility, fertility charting, trying-to-conceive, and pregnancy. Women often share personal experiences in hopes of helping one another and receiving some much needed support.

"The tools available to women at OvaGraph are invaluable, but I think the best aspect is the community of women helping one another through this difficult time," said Sarah Dohman, Director of Social Media at Fairhaven Health. "We have moderators there to help interpret fertility charts (OvaCue data, BBT, OPKs, etc), but even beyond that, OvaGraph has become a supportive, educational, and open environment for everyone. Many women find this place to be a safe haven where they can discuss their TTC journey with others in similar situations. We're particularly excited for the release of the app, which makes it even easier for women to connect with one another!"

Trying-to-conceive couples should also look for Fairhaven Health's mobile OvaCue and mobile basal thermometer coming soon. Users can plug both devices directly into their iPhone or iPad to take readings and automatically store the data to the OvaGraph app. An Android version of the app will be released soon as well.

About Fairhaven Health

Fairhaven Health manufactures a line of natural, doctor-designed products to promote fertility, pregnancy, and nursing health. They provide ovulation prediction tools, natural fertility supplements, prenatal vitamins and



breastfeeding support products, all of which are manufactured in U.S. GMP-certified and FDA regulated facilities.



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Online Web 2.0 Version

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