

Fairhaven Health Provides Natural Alternatives to Conventional Infertility Treatments

Trying-to-conceive couples often resort prematurely to costly and invasive infertility treatments. Fairhaven Health offers natural options to help couples improve their reproductive health, often achieving pregnancy without the need for costly procedures or prescription drugs. One couple tried for over 12 years before finally achieving pregnancy naturally.

Bellingham, Washington ([PRWEB](#)) September 25, 2013 -- Approximately one in six couples struggle with infertility, which is defined as the inability to conceive after 12 months, according to the World Health Organization. Nearly 70 percent of these couples pursue costly treatment plans that include prescription fertility drugs or invasive procedures like in vitro fertilization. Fortunately, many physicians recognize that these invasive procedures may not always be necessary. An increasing number of physicians and patients rely on natural options such as those provided by [Fairhaven Health](#), a leading retailer of fertility, pregnancy, and nursing support products.

"Infertility can increase stress among couples and, unfortunately, oftentimes leads them to prematurely opt for fertility drugs or IVF," said [Dr. Amos Grunebaum](#), a double board certified OB/GYN based in New York City at one of the country's top University Medical Centers. "In many cases, fertility can be improved and pregnancy can be achieved naturally."

Many trying-to-conceive couples that opt for natural alternatives to infertility treatment are elated with the results. Rosie Tepsich and her husband tried to conceive for 12 years before they had their first daughter naturally. Before the couple got pregnant, Rosie was diagnosed with polycystic ovary syndrome (PCOS) and her doctor prescribed her Clomid, a prescription drug formulated to trigger ovulation.

"I was always upset because [the doctor] never really wanted to diagnose the problem. They said PCOS, here's some Clomid, go have fun," Rosie recounted. "But that just kind of masked the problem, it didn't cure what was going on with my body naturally."

After taking Clomid, Rosie and her husband decided that conventional infertility treatment was not for them, and began taking Fairhaven Health's [FertilAid for Women](#) and [FertileCM](#). FertilAid for Women is an all-natural herbal supplement designed to help restore hormonal balance and improve overall reproductive health, and FertileCM is designed to improve the quality and quantity of fertile-quality cervical mucus. Both herbal supplements are formulated by Dr. Grunebaum.

For the first time in her life, Rosie had ovulatory cycles naturally, her premenstrual symptoms were manageable, and she felt in excellent health. When Fairhaven Health introduced [OvaBoost](#), designed specifically for women with PCOS, she added the supplement to her regimen. After one month of taking all three Fairhaven Health products, Rosie became pregnant.

"One of the keys is to be patient," Rosie said. "You know, it didn't take over night for your body to be out of whack like mine. When you try these products, you've got to allow it to get into your body gently. And give it time, at least three months is what Fairhaven Health says."

About Fairhaven Health



Fairhaven Health manufactures a line of natural, doctor-designed products to promote fertility, pregnancy, and nursing health. They provide ovulation prediction tools, [natural fertility supplements](#), prenatal vitamins, and breastfeeding support products, all of which are manufactured in U.S. GMP-certified and FDA regulated facilities.



Contact Information

Ethan Lynette

Fairhaven Health

<http://www.fairhavenhealth.com>

(360) 543-7888

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