

Help Mitigate the Harmful Effects of Environmental Toxins with Fairhaven Health Fertility Supplements

Researchers continue to link environmental toxin exposure to infertility. Fairhaven Health's line of natural fertility supplements may help to reverse the harmful effects of environmental toxin exposure, and improves overall reproductive health.

Bellingham, Washington ([PRWEB](#)) May 21, 2014 -- Environmental toxins have a bad reputation when it comes to fertility and trying to conceive. Chemicals and air pollution adversely affect human health, and researchers continue to link exposure to infertility.

Endocrine-disrupting chemicals found in sunscreen, toothpaste, and other personal care and household products may contribute to male infertility, according to a [new study](#) published in the "European Molecular Biology Organization (EMBO) Reports."

"For the first time, we have shown a direct link between exposure to endocrine disrupting chemicals from industrial products and adverse effects on human sperm function," said Niels E. Skakkebaek, professor and leader of the Danish research team behind the study.

Researchers analyzed 100 chemicals, and approximately one-third of them were found to negatively impact sperm health. The list of hazardous chemicals include ultraviolet filters found in some sunscreens, an anti-bacterial agent in some toothpastes, and a chemical found in some nail polishes. Researchers report that these chemicals may negatively alter sperm motility (its ability to swim in a forward motion to meet the egg), and sperm may have a hard time penetrating the protective egg coat.

[Another new study](#) published in "Environmental Pollution" links low sperm motility and morphology to high levels of air pollution in urban areas. Researchers collected semen samples from more than 1,300 men in China, and concluded that men in urban areas had higher levels of abnormal shaped sperm than men who lived in rural areas. Scientists attributed the poor sperm health to high levels of pollution with concentrations of particulate matter, sulphur dioxide, and nitrous dioxide.

In an effort to combat the health effects associated with endocrine-disrupting chemicals and air pollution, Fairhaven Health developed FertileDetox, FertilAid for Men, CountBoost and MotilityBoost for Men. [FertileDetox](#) is designed to promote reproductive health and help improve fertility by supporting the body's detoxification and cleansing systems. Its unique, comprehensive formula includes vitamins, minerals, amino acids, and herbs that support the body's own detoxification system.

"FertileDetox helps promote the elimination of environmental toxins that can damage reproductive organs, thereby decreasing fertility for both women and men," said Dr. Chris Meletis, a fertility expert and former Naturopathic Physician of the Year who helps formulate Fairhaven Health products. "Before actively trying to conceive, men and women should focus on creating truly fertile ground for conception by eliminating the toxins we're exposed to every day."

[FertilAid for Men](#), formulated by leading fertility expert Dr. Amos Grunebaum, is an all-natural formulated containing herbs and nutrients that has been scientifically demonstrated to enhance sperm count, motility, and morphology. [MotilityBoost](#) and [CountBoost for Men](#) are also doctor-designed, natural products formulated



specifically for men diagnosed with low sperm count or motility, and are intended to be taken in conjunction with FertilAid for Men.

About Fairhaven Health

Fairhaven Health manufactures a line of natural, doctor-designed products to promote fertility, pregnancy, and nursing health. They provide ovulation prediction tools, natural fertility supplements, prenatal vitamins, and breastfeeding support products, all of which are manufactured in U.S. GMP-certified and FDA regulated facilities.



Contact Information

Ethan Lynette

Fairhaven Health

<http://www.fairhavenhealth.com>

+1 (360) 543-7888

Online Web 2.0 Version

You can read the online version of this press release [here](#).