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but together we have it all.

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Wednesday, May 2, 2012

### DreamBelly Butter Review and Giveaway: 3 Winners!

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What is one of the very first things that crosses your mind when you first become pregnant?

*The dreaded stretch marks!*

I think we all immediately start using some sort of lotion product on our bellies to do our best to prevent stretch marks.

*"Stretch marks are caused by little tears that occur in the dermis, the middle layer of the skin that contains the collagen and elastin fibers that help to maintain the structural integrity of the skin. Unfortunately, the hormonal changes and rapid weight gain that are a normal part of your pregnancy are a lethal combination when it comes to healthy skin, which is why so many women see stretch marks appear during pregnancy. The dramatic (although expected) hormonal changes that occur during pregnancy impact the ability of the dermis to form collagen and elastin fibers, which, in turn, makes it difficult for your skin to maintain its resiliency. As a result, when the skin is forced to stretch in response to rapid weight gain, it is unable to do so without tearing. These little tears that occur in the skin cause the appearance of unsightly lines - stretch marks - that are red and purple, then gradually fade to white or silver over time."*  
- Fairhaven Health



When Fairhaven Health contacted me asking if I would review their DreamBelly Butter, of course I said yes!

If you are a regular reader here, you will remember the last review I did for Fairhaven Health was on their OvaCue Fertility Monitor... in which helped me conceive this time "round."

I am excited to have the opportunity to work with Fairhaven Health again and try their DreamBelly Butter!

DreamBelly Butter's purpose is to protect and nourish your skin during the stretching that occurs during pregnancy.

#### DreamBelly Butter Features:

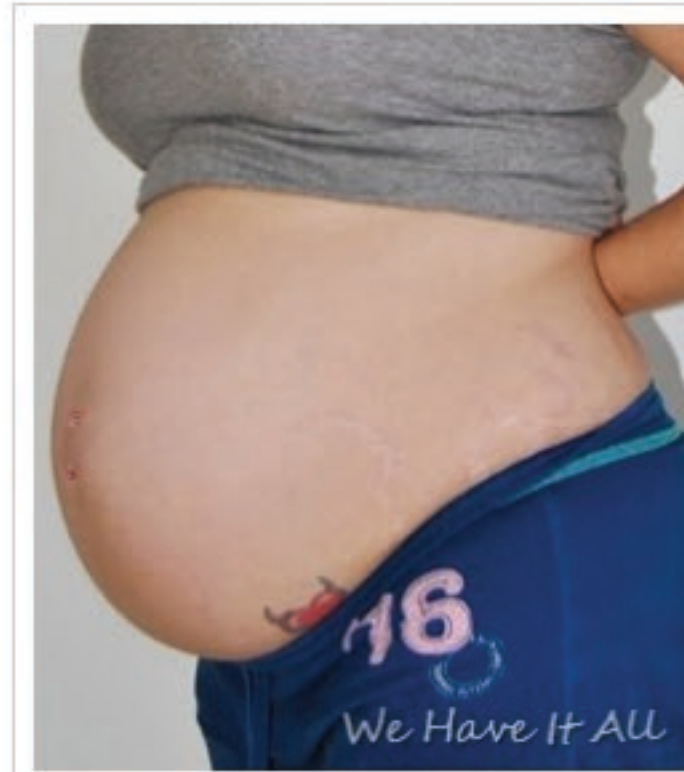
- DreamBelly Butter combines the healing power of rosehip oil, aloe vera, honeysuckle and grapefruit, to protect and regenerate skin, and provide soothing relief from itchiness.
- Provides deep moisturizing from natural butters which also includes oils derived from sunflower, palm, and olive. This is what brings deep moisturizing to your skin *without* the greasy feeling.
- It has a rich luxurious texture which is attributed to the presence of shea butter, cocoa butter and beeswax.
- It has a mild, refreshing fragrance of milk and honey.
- DreamBelly Butter contains no petroleum products, parabens, artificial colors or artificial preservatives.
- Contains Jojoba oil which assists the lymphatic system in detoxifying congested skin and also supports collagen formation.
- Contains grapefruit seed extract, vitamin E, and honeysuckle, all of which contain antioxidants that protect the skin.
- Contains rosehip seed oil, rich in polyunsaturated fatty acids and trans-retinoic acid that help to regenerate damaged skin tissue and increase the capacity of the skin to produce new tissue. Trans-retinoic acid, which also appears in some prescription skin care products, has been shown to fade scar tissue, age spots and stretch marks, and to attenuate wrinkles.



...Now how can you pass this up!?

#### My Opinion?

I've been using DreamBelly Butter for about two to three weeks now and I love it.



I lather it on at the end of the night after I shower and I use it all over my belly, breasts (because my skin is so itchy) and my hip area.

My hip area is where I have always had stretch marks from previous pregnancies... Do you see them in the photo? They are clear-ish around my hips, but none on my belly.

My hope is that I do not get any more stretch marks around my hip area and I am also hoping to keep my belly clear of stretch marks all together.

I have to say, I really do like DreamBelly Butter. It goes on very thick and it is not

greasy at all... which in my opinion, is one of my favorite features of this lotion. I can not stand greasy lotions! I also love that the fragrance is so light. I am not one for perfumy scents.

The next morning when I wake up, I love the feel of my skin. It is noticeably softer.

Another favorite thing about DreamBelly Butter is the fact that there are no chemicals used. I can't stand all of the toxic chemicals used in the typical lotions.

Even though I have been using this for nearly 3 weeks now, I have not even made a dent in the container... it is going to last me a very long time. In fact, it will definitely last through out the rest of this pregnancy, which is awesome.

Oh, and because I love this so much... I have used it on my legs and feet also :)

#### GIVEAWAYS

- Kindle Fire | ends 5/14
- Baby Babu Cloth Diaper | ends 5/21
- Rubbermaid Hidden Recycler | ends 5/21
- DreamBelly Butter | ends 5/21
- Chicagoland's Green Carpet cleaning | ends 5/28
- [bump] babies: 2 Shirts | ends 5/28
- WIN \$500 CASH | ends 6/30

#### HIS, MINE, & OURS

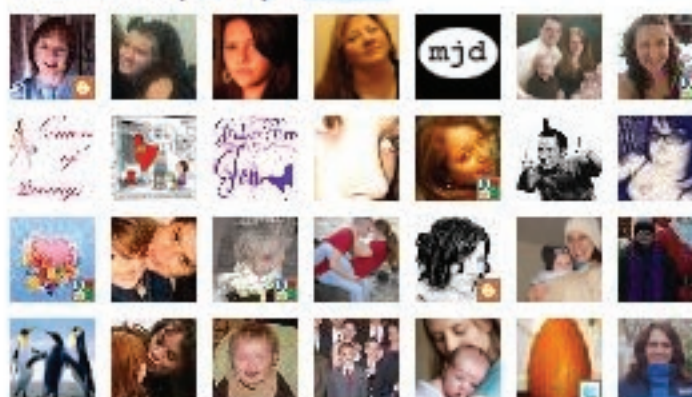


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