

# Discovering Parenthood

{ life as we know it since becoming parents }

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## Milkies Milk-Savers {Review & Giveaway}

Posted on [May 30, 2014](#) by [TamaraG](#)

[Milkies Milk-Savers \(Review & Giveaway\)](#)



The packaging.

I had seen this product making its way around different sites and tucked it in the back of my mind because I was intrigued by it, that is until the day I heard of my friend's "whoas" of being a new mom, unable to pump, but dealing with issues of leaking. I introduced her to reusable nursing pads, and mentioned [Milkies Milk-Savers](#) to her. She hunted the product down that night and ordered one right away.

Fairhaven Health very kindly sent one my way, and I quickly realized how much I wish I had this product when I had my daughter. We are all told that breast milk is liquid gold. We value every drop for our little ones, and even cry over spilled milk after having pumped for however long in the middle of the night and accidentally knocking over the container. So why wouldn't you want to save the milk from leaking? Especially during the first few days, and even weeks depending on when your body adjusts.



Storage container, and the milk-saver inside it.

“ I think it is wonderful and has been my saving grace! Being unable to pump, it allows me to save the milk that was soaking through my nursing pad, bra, shirt, and often through baby girls' outfit too! I needed something to help me prevent all that leaking, and this was my solution. The only real downside is when I overflow it, which has only happened twice. I learned quickly to check on it periodically to ensure that it wasn't too full and haven't had an issue with that since. The price of it was very reasonable, and it is easy to clean and use! – Bwyn

Those are my friends words about the product. There is also another way around things if you have an overflow issue. You can actually [attach a milk storage bag](#) to the milk-saver. It takes a little figuring out how to attach and get it to fit in your bra but it can be done if you know that this much storage is needed while you are pumping or nursing. Without adding a milk storage bag to it, the milk-saver holds about 2 ounces of milk. Can you imagine how fast that would add up if you filled that every time?

So basically you wear the milk-saver inside of your nursing bra or tank-top while pumping or nursing. The milk-saver then saves any milk that leaks from the other side during letdown and the nursing/pumping session. Instead of losing all that milk into a nursing pad, or all over your clothing you can then store it away for later. Brilliant! Especially if you had my friend's difficulties with pumping and could not get milk to store any other way.

I really like that right on their site it says that they care about the safety of the materials they use in their products. That means a lot to moms as we do not want to be dealing with or having to be worried about chemical leaching. The company is also environmentally conscious, which is nice to see. With this you can use fewer disposable nursing pads, are washing milk-soaked clothing less often, the milk saver can be recycled if you are finished with it or why not wash it and give it to a friend to try and use. *Any of my friends with little ones out there, if you are wanting to try it let me know.*



Milk-saver front and back.

Until I finished pumping, after 15 months of doing so, I still had the odd moment of dealing with leaking for whatever reason. So even someone with an older child I found this product to be helpful. My milk supply was found to be low when my daughter was a newborn, and I had to supplement with my daughter. That being said, I did pump and I did deal with leaking. If I had this product when my daughter was a newborn I could have stored a bit more milk. I found it very easy to figure out how to use, and it was easy to get used to wearing it. I did find it to be a bit bulky, which was not really surprising to me as the product itself was a bit bigger than I expected it to be when it arrived. However, if it was any smaller you wouldn't be able to save as much milk into it, it needs to be the size it is. I also liked that it is very soft to the touch. Yes there is a part inside that is made of a stiffer material, but I never noticed it. I really like that it comes with a storage container. The milk-saver is very easy to clean, and you can put it away in the container and know it is ready to go for the next use. I am already in love with this product, and I was glad to hear that it helped my friend. I know I will be using this product in the future if we are blessed with another child, and it is also going on my list of items to tell other new moms to try or put on their baby shower lists.

Now... are you a new mom? Thinking of having another little one and know this would help you? Or do you know someone who could use this? Well Fairhave Health has very kindly offered to provide a giveaway for Discovering Parenthood followers. Wahoo! Be sure to go to the Rafflecopter link below and enter.

[a Rafflecopter giveaway](#)

Disclosure: I received a sample of this product in order to facilitate this review. The words and opinions shared are 100% my own.

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