

Older Women Seeking Fertility Assistance May Benefit from Fairhaven Health's OvaBoost

Researchers have documented a significant increase in the number of older women seeking fertility assistance, according to a new report released by the Centers for Disease Control and Prevention. Couples delaying parenthood could benefit from Fairhaven Health's OvaBoost, which was designed specifically to help improve egg quality and assist older women in achieving pregnancy naturally.

Bellingham, Washington ([PRWEB](#)) February 26, 2014 -- More women of reproductive age requested fertility assistance between 2006 and 2010, according to a [new report from Centers for Disease Control and Prevention](#) released in January. Nearly 16.4 percent of women between the ages of 35-39 and 14.5 percent of women between the ages of 40-44 requested medical advice regarding fertility, both of which represent marked increases from 1995. Researchers point to the fact that women are waiting to start families until they are older, and likely don't realize they need fertility assistance until they start trying to conceive.

The unfortunate truth is that female biology does not agree with this trend in delaying parenthood. Women are most fertile in their 20s. By age 30, women have a 20 percent chance of getting pregnant each cycle. By age 40, women have less than a 5 percent chance each cycle, according to the [American Society for Reproductive Medicine](#).

This age-related decline in fertility is due, in part, to the fact that women are born with a finite number of eggs, and the total number of eggs decreases rapidly with each passing year. Even more detrimental to female fertility is the fact that egg quality also declines as women age, and is hastened by factors including exposure to environmental toxins, stress, poor diet and hormonal imbalances. Poor egg quality can cause issues with fertilization, unsuccessful implantation, and frequent miscarriages due to chromosomal abnormalities.

In response to this growing trend, [Fairhaven Health](#) introduced a fertility supplement designed specifically for women trying to conceive later in life: [OvaBoost](#). This innovative supplement is designed to help improve egg quality and optimize ovarian function for trying-to-conceive women, particularly for those over the age of 30.

Research indicates that egg cells are highly susceptible to harm from free radicals, the unstable oxygen molecules that are produced as the body breaks down toxins. To mitigate the effects of these free radicals on egg cells, Fairhaven Health packed OvaBoost with powerful antioxidants like vitamin E, grapeseed extract, and alpha lipoic acid.

OvaBoost also combines myo-inositol, folic acid, and melatonin, three key ingredients that have been scientifically proven to improve egg quality. Folic acid is well known for its ability to prevent neural tube defects, and sufficient intake is recommended for all women of childbearing age. But new research indicates that folic acid, when combined with myo-inositol and melatonin, two powerful antioxidants, helps improve egg quality. Women undergoing IVF treatments saw significant egg quality improvement after this type of supplementation.

About Fairhaven Health



Fairhaven Health manufactures a line of natural, doctor-designed products to promote fertility, pregnancy, and nursing health. They provide ovulation prediction tools, natural fertility supplements, prenatal vitamins and breastfeeding support products, all of which are manufactured in U.S. GMP-certified and FDA regulated facilities.



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