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## DON'T WASTE A DROP!

MAY 13, 2013 BY SHARY 9 COMMENTS

If you've ever been that new breastfeeding mother you know how precious your breast milk is. Even in the beginning when your mammary glands are working like a broken faucet you still have a certain attachment to every single drop of milk. I personally had issues with leakage and I could have bought stock in nursing pads. (I should have prepared myself with a few days' supply of washable ones, but I didn't think ahead.)

On top of that, I had to feed both my baby and my pump. When I could get them both going at the same time I was elated! But being tired and needed a minimum of 3 hands... well it didn't work out that way all the time. So I was pumping when I could around Anders's nursing schedule. Less sleep... awesome!

**And then we got thrush.** So I was boiling my parts for 20 minutes every night to try and keep the yeast beast at bay. I guess I took a cat nap at the wrong time, or maybe I just spaced out trying to write a paper. I can't remember what exactly happened, but I came to with the sound of a hissing from my kitchen. And I knew right then... I let my pump parts boil down to melted status...



Yes. I also managed to ruin my favorite pot. It was a sad day indeed.

So there I sat, crying and feeling helpless. How was I going to preserve my baby's milk now?

Luckily I had a **Milk-Saver**. Milkies created the **Milk-Saver** to help catch every drop of breast milk during those times where a mama is most likely to leak. While I waited for my replacement parts to arrive in the mail, my **Milk-Saver** saved my routine. I was able to feed Anders and have the other breast catch all my falling milk. Then when he was done eating I used the **Milk-Saver** to hand express. I would dump my milk into freezer bags and then use my nifty Milkies Freeze.



Milkies Freeze helps to organize those crazy freezer stashes. It can hold up to 60 ounces of freezer bag milk and makes first-in-first-out so simple! I love my Milkies Freeze because it is so compact making room for lots of freezer goodies!

I have a working pump now, thank goodness. My supply has evened out now and I leak less these days, but my **Milk-Saver** is still awesome throughout the day during feedings. I can catch an extra ounce and a half or so each day just by using the Milk Saver instead of a disposable pad. When you're a mom trying to build a freezer stash, and extra ounce and a half is a lot. Got to save every drop!



*Disclaimer: I received one or more of these products free of charge for review. All opinions are my own. I shall not tell lies!*



Hey! I'm Shary. I am a laid back mama with one gorgeous daughter, one adorable son and one handsome man by my side. We're a totally crazy bunch with a lot we should be worrying about. Instead we cook, craft and play to make the most of each day. Take a seat, grab some tea and read about our many adventures!

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XOXO, *rebecca*

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**CONTRIBUTIONS**

I'M AN AUTHOR AT BREASTFEEDING PLACE.COM

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